Fierté Multi Academy Trust

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9th March 2020

Dear Parents and Carers,

Re: Coronavirus concerns

You will not doubt be aware of the outbreak of novel coronavirus and the subsequent confirmed cases in the UK. At the Fierté Trust, we take the health and safety of our pupils and staff very seriously so we are sharing guidance from Public Health England on the steps that need to be taken.

There is currently no cause for concern within any of the schools within the Trust but we will keep you informed of any developments. We are also ensuring that we are keeping each school clean to prevent the spread of any virus.

To prevent the spread of infection

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water are not available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and do not attend work or school
- Cover your cough or sneeze with a tissue then throw the tissue in a bin
- Clean and disinfect frequently touched objects and surfaces in the home
- If you are worried about your symptoms, please call NHS 111 do not go directly to your GP or other healthcare environment

If you or your children have returned from a category 1 country or area in past 14 days

This includes:

- Wuhan city and Hubei province, China
- Iran*
- Daegu or Cheongdo, South Korea*
- Any area within Italy under containment measures* (see the map here)

Contact NHS 111 for advice, and:

- Self-isolate for 14 days after leaving the country or area (see the <u>home isolation advice sheet</u> for help with this)
- If you become unwell, call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention) see below for the symptoms to look out for

^{*}Only if you've returned on or after 19 February 2020

If you or your children have returned from a category 2 country or area in last 14 days

This includes:

- Cambodia*
- China (other than Wuhan city or Hubei province)
- Hong Kong
- Italy* (other than the areas under containment measures)
- Japan
- Laos*
- Macau
- Malaysia
- Myanmar*
- Singapore
- South Korea (other than Daegu or Cheongdo)
- Taiwan
- Thailand
- Vietnam*

*Only if you've returned on or after 19 February 2020

If you or your children are well:

- You do not need to avoid contact with other people
- Your other family members do not need to take any precautions or make any changes to their own activities

If you become unwell (see below for a list of symptoms):

- Stay indoors and avoid contact with other people as you would with other flu viruses (see the home isolation advice sheet for help with this)
- Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

Symptoms to look out for

If you've returned from any of the category 1 or 2 areas or countries, look out for the following symptoms:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)

According to other official guidance, while you wait for further advice:

- Avoid contact with others
- Stay at home do not go to work or school
- Do not travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available)

If you or your child have any further concerns or questions, please do not hesitate to contact the Headteacher. We will of course update you should any further advice be forthcoming; your support continues to be greatly appreciated.

Yours sincerely,

Mrs. Maria Hamblin, CEO.