

Dear Parents and Carers,

On Friday 17<sup>th</sup> March, children in Reception will receive a session delivered by their class teacher highlighting the National Society for the Prevention of Cruelty to Children's (NSPCC) Underwear Rule.

We will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse.

PANTS stands for:

- **P**rivates are private
- **A**lways remember your body belongs to you
- **N**o means no
- **T**alk about secrets that upset you
- **S**peak up, someone can help

The children will watch 'Pantosaurus' deliver the underwear rule message. The session will introduce a range of ideas, all delivered in a way that's fully age-appropriate. This will include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe, more information can be found at [nspcc.org.uk/underwearrule](http://nspcc.org.uk/underwearrule).

If you have any questions regarding the session, please speak to Mrs Kee.

Yours faithfully,

Mrs M Kee