



**Winning the
gold medal for
2-7 year olds**

All our Mini Athletics lesson plans are formulated in line with the Early Years Framework and the National Curriculum for Key Stage 1.

UKs No1 provider in KS1 athletics

**NEW
Mini
Athletics
Classes**



Your children will build athleticism through a progressive model of balance, co-ordination, speed and agility exercises then progress to learning specific techniques of these skills in athletic based games. Children will become competent, not just in athletics but all sports that involve these fundamental physical skills.

Spring Term 1

starts w/c 10th January

Tues YR2: 3.15pm - 4.15pm
Wed Reception: 3pm - 4pm
Thur YR1: 3.10pm - 4.10pm

£25 (6 weeks)



Spring Term 2

starts w/c 28th February

Tues YR2: 3.15pm - 4.15pm
Wed Reception: 3pm - 4pm
Thur YR1: 3.10pm - 4.10pm

£25 (6 weeks)

Please make sure your child wears appropriate clothing, PE kit and trainers, and brings a full water bottle to the class.

All our coaches are DBS checked, paediatric first aid trained and hold current safeguarding certificates.



www.miniathletics.com